



The Smart Way to Feed Horses – Part 1

This webinar fulfills the Nutrition course requirement for PHCP students.

This two-part webinar series is a great introduction to equine nutrition in practical terms and compliments Dr. Kellon's NRC Plus course.

Part 1 – Growing the Best Possible Hoof



In Part 1, Carol will focus on the digestive system, the best feeds for horses, and the key nutrients that influence hoof health.

The hoof is required to withstand impact, abrasion, mechanical injury, noxious substances and pathogens but be flexible

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TYPE Webinar

WITH Carol Layton

WHEN Sep 8, 2026 - 7:00 pm (EST)

COST \$65, \$110 non-member

CREDITS 6

STATUS Active

RECORDING AVAILABLE for 6 months

All clinics

[The Smart Way to Feed Horses – Part 2](#)

[Collaborative Rehabilitation for Low Heels with Saxon Alexandra](#)

[Anatomy, Trimming and Hoof Protection – Tennessee](#)

[Advanced Anatomy and Radiographs – Tennessee](#)

enough to absorb and divert the shock sustained on it. Hooves have to be rigid as well as elastic and protect the soft, more sensitive tissues inside.

To achieve optimal hoof quality, three aspects can be influenced by our management: hoof care, nutrition, and movement. Poor hoof growth, horn brittleness, inflammation, prevalence of infections, like seedy toe, and a weak immune system can all have a nutritional component.

Part 2 – Laminitis and Myths



Some horses have a life threatening, metabolic condition that causes insulin to rise, triggering the chain of events that result in laminitis. Laminitis will be explained along with causes including the most common dietary cause, insulin resistance.

The aim of this session is to educate hoof practitioners and enable them to support horse owners by first explaining the best and safest feeds and the key nutrients needed to aid in rehabilitation, along with horse management practices. This presentation will cover some related health issues including PPID and look at a number of common myths that confuse horse owners.

Carol Layton, B.Sc, M.Ed of Balanced Equine is an independent equine nutritionist with a science background and a passion for the optimal feeding of horses based on scientific research. In 2008,

[Feeding Pregnant and Growing Horses](#)

[Feeding for Special Needs](#)

[Starting Your Hoof Care Business](#)

[Exploring Laminitis with New Images with Paige Poss](#)

[Advanced Anatomy and Radiographs – Colorado](#)

[Anatomy, Trimming and Hoof Protection – Colorado](#)

[Anatomy, Trimming and Hoof Protection – California](#)

[Hands-on Reading Radiographs for the Hoof Care Practitioner](#)

[How to Create and Manage Your Track System](#)

[Anatomy, Trimming and Hoof Protection – New York](#)

[Hyperinsulinemia, Laminitis, and PPID: Diagnosis and Management](#)

[Wear Patterns, What They Really Mean](#)

[Anatomy, Trimming and Hoof Protection – Florida](#)

[SURE FOOT for Professionals with Wendy Murdoch](#)

[Club Foot and Flat Foot: Causes, Consequences and Possible Solutions with Ula Krzanowska](#)

[Equine Hoof Anatomy and White Line Disease: Live Dissections with Lindsey Field](#)

[Feeding Performance Horses](#)

[Recognizing and Understanding the Role of Pain in Structural and Functional Asymmetries](#)

[Trimming Donkeys: Trimming Protocol, Hoof Distortion, and Laminitis](#)

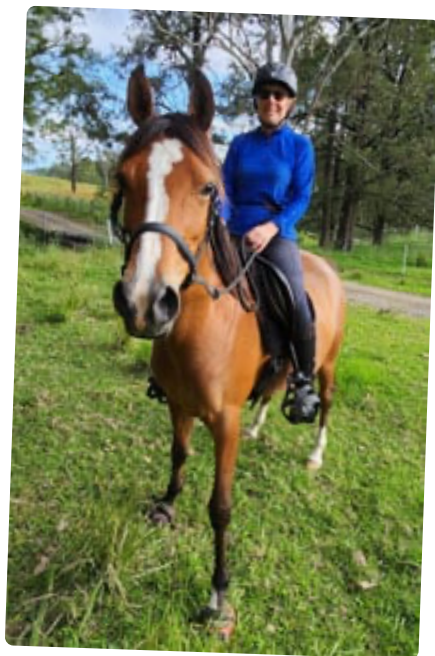
[A Fresh Look at Heel Anatomy](#)

[Off to a Good Start: Trimming Foals](#)

Carol enrolled in equine nutrition courses provided by Dr Eleanor Kellon VMD and has been a tutor for students in NRC Plus since 2009. Carol is currently a lecturer in Equine Nutrition for the nationally recognized Certificate of Equine Hoof Care Practitioner course (ACEHP) in Australia.

Carol is passionate about teaching and sharing her knowledge of equine nutrition to make it easier and simpler for horse owners. So far she has been a speaker at a number of conferences in Australia, the Functional Hoof conferences in 2011 and 2014 and more recently the 2018 Bowker Conference in Australia. In 2012 Carol presented at the World Hoof Care Conference in Prague, Czech Republic and the Pacific Hoof Care Practitioners Conference in San Diego in 2016, and the 2017 NO Laminitis Conference in Tucson, Arizona USA.

Carol has had horses most of her life and in the last 19 years has been a keen competitor in endurance riding. Her own endurance horse, Omani Mr Sqiggle was a 2009 Australian National Points and Distance horse. Together they have completed at top levels, including the 400 km marathon, Shahzada, NSW State Championship rides and the national championship, the 160 km Tom Quilty.



[Anatomy, Trimming and Hoof Protection – Quebec](#)

[Advanced Anatomy and Radiographs – Quebec](#)

[Sustaining Your Hoof Care Business](#)

[WTF – What the founder?](#)

[Documenting Hoof Rehabilitation](#)

[Reading Radiographs for the Hoof Care Practitioner](#)

[Limb Conformation, Body Posture and Hoof Capsule Distortions](#)

[Collaboration Between Hoof Care Professionals & Equine Bodyworkers](#)

[Dr. Bowker on Sound versus Healthy Hooves](#)

[Changes in Coffin Bone Structure and Influence of Trimming](#)

[Dr. Tomas Teskey on the Equine Dental-Body Connection](#)

[Choosing and Fitting Hoof Boots](#)

[EMS \(IR\) and PPID: Diagnosis and Management](#)

[Paige Poss Explores Hoof Distortions and Hoof Related Pain](#)

[Utilizing Hoof Imaging in your Trimming Decisions](#)

[Equine Biosecurity; It's All About Prevention](#)

[Genetics of Equine Metabolic Syndrome and Laminitis Risk](#)

[Basics of Reading Radiographs](#)

[NRC Plus](#)

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